



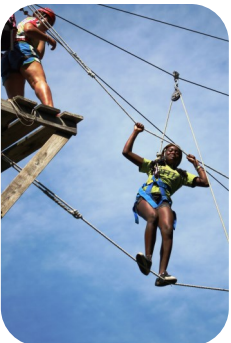
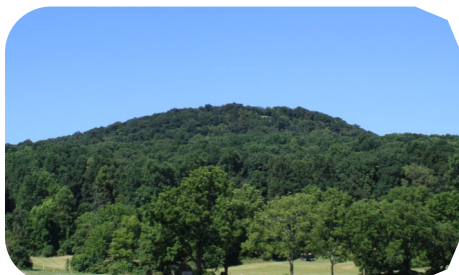
# SOUTH MOUNTAIN ADVENTURES

**South Mountain YMCA Camps**  
**610-670-2267 or [smyymca.org](http://smyymca.org)**

Escape to the mountain with your family, friends or co-workers for a unique adventure. Join us for a morning, a day or a weekend. However long the stay, we know you'll want to come back for more.

## Adventure Programs

- 1) **Zip Line & Climbing Wall:** \$25 per person with a \$100 minimum for a 1.5 hour program. Participants must be able to climb the rock wall in order to ride the zip line. The Climbing Tower boasts eight routes of varying difficulties and a zip line 360' in length. Participants must be at least 7 years of age.
- 2) **Aerial Adventure** (High Ropes Course & "Zap" Line): \$55 per person with a \$220 minimum for a 3-4 hour program. Our Aerial Adventure includes 7-9 elements that are 25'-35' in the air. The course includes a "Zap" Line (Tree-to-Tree Zip Line) approximately 50' in length. Participants must be at least 12 years of age.
- 3) **Zorb Balls:** \$12 per person with a \$48 minimum for a 1 hour program. The Zorbs were our most popular addition in 2013. Have your friends or family roll you, run inside, or play soccer—the Zorbs are awesome. This is a ball of fun for kids and adults. Participants must be at least 7 years of age.
- 4) **Trap Shooting** (Shot Guns & Clay Pigeon Targets): \$50 per person with a \$200 minimum for a 1.5 hour program. Never used a shotgun? No worries. Our staff will introduce you to this exciting sport. Guns and ammunition are included. Participants must be at least 12 years of age.





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- 5) **Mountain Boarding:** \$25 per person with a \$100 minimum for a 1.5 hour program. The programs includes a 30 minute lesson and an hour of exploring the mountainside. Participants must be 7 years of age to participate.



- 6) **Trail Rides** (Horseback Riding): \$50 per person with a \$200 minimum for a 2 hour program. The Trail Ride experience includes ground lesson, ring ride and trail ride. Riders must wear long pants and closed-toed shoes with a heel. Participants must be 10 years of age.



- 7) **Target Sports** (Archery, BBs, Sling Shots): \$15 per person with a minimum of \$60 for a 2.5—3 hour experience. This program can include Archery, BBs and Sling Shots. Unleash your inner Katniss! Participants must be at least 7 years of age.



- 8) **Sailing:** \$80 per person with a \$320 minimum for a 3 -4 hour experience on Blue Marsh Lake. The program includes a 1-2 hour lesson and 2 hours to explore the lake and practice your new skills. Participants must be 12 years of age and comfortable in deep water. *This program is for a class of 7 or fewer participants.*



- 9) **Canoeing:** The Canoeing Experience on Blue Marsh Lake can be done as a 2 hour or 4 hour program. The 2 hour program is \$50 per person with a \$200 minimum and includes a brief lesson and a guided paddle. The 4 hour program is \$80 per person with a minimum of \$320 and includes a 3—3.5 hour guided tour around the lake and its islands. Participants must be at least 10 years of age and comfortable in deep water.





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- 10) **Kayaking:** The Kayaking Experience on Blue Marsh Lake can be done as a 2 hour or 4 hour program. The 2 hour program is \$50 per person with a \$200 minimum and includes a brief lesson and a guided paddle. The 4 hour program is \$80 per person with a minimum of \$320 and includes a 3—3.5 hour guided tour around the lake and its islands. Participants must be at least 10 years of age and comfortable in deep water.



- 11) **Teambuilding:** Most adventure programs can be modified as teambuilding programs to emphasize the development of communication, trust and problem-solving skills. If you're interested in a focused teambuilding retreat, for a day or a week, please give us a call at 610-670-2267. We'll design a program to meet your needs.



## **IMPORTANT INFORMATION**

- All Adventure Programs require a signed release by each participant (or parent/guardian for minors).
- Groups larger than 8 should call for individualized rates and schedules. Online registration only is for groups of 8 or less.
- After booking, our staff will contact you regarding details of your adventure including appropriate apparel, meeting location, etc.
- All Adventure Experiences are "rain or shine." In the case of severe weather (high winds or lightning), we will seek to reschedule your program.
- Photographs are encouraged.
- All deposits are non-refundable.