

THE SOUTH MOUNTAIN YMCA CAMPS

ARROWHEAD

Fall 2014



CHANGING LIVES ONE CAMPER AT A TIME!

Mountain By Moonlight October 17, 18, 24 & 25

The South Mountain YMCA Camps are pleased to offer the community family-friendly activities geared towards pre-K, elementary and middle-school students. Join us on **October 17, 18, 24 & 25** from **6—9 pm**. *FREE PARKING*! Programs will include:

- Mountain Hayrides without the Haunt (starts at 6pm)
- PG Haunted Hayrides (starts at 7pm)
- Glow Stick Zip-Lining

- Carnival Games
- Glow-Zorbing (giant 12' by 12' balls participants ride in)
- And Much More

Tickets for activities are \$1 each, 12 for \$10, and 25 for \$20. Call the camp office at **610-670-2267** for additional information.











Fall Harvest Family Camp

Bring the whole family for a fun, relaxing weekend on the mountain! Develop strong family bonds during this special time away from the hustle and bustle of the everyday world as you enjoy a camp experience everyone will remember all year long. **Camptivities** are scheduled throughout the day so that your family members can participate as much, or as little, as they like. Family camps include hiking, field games, challenge course, archery, climbing tower, live reptiles, outdoor skills, arts & crafts, as well as the *Mountain by Moonlight* event participation. This family camp event will begin on **Friday night 10/24** and end on **Sunday 10/26** with lunch.

Fall Harvest Family Camp fees are \$100 for individuals 12 & up, and \$90 for kids between the ages of 4 and 11. Children under the age of 3 are free. In addition, there is a \$50 cabin fee which reserves your cabin and can

be split with another family.

For additional information and to register contact **Amanda Griffith**, Youth and Family Director, at **610-670-2267** or **agriffith@smymca.org.**



South Mountain YMCA Camps P.O. Box 147 Wernersville, PA 19565

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Resident or



Mark Your Calendar!

Maik	Tour Calellual.
September 5	Mother Daughter Equestrian
	Weekend
September 21	Cushion Peak Trail Challenge
September 21	Adventure Daze
September 21, 28	Family Cooking Night
September 22	17th Annual Golf Classic
September 30	Home School Big Day Out
October 3	Mother Daughter Equestrian
	Weekend
October 5, 12	Family Cooking Night
October 17, 18	Mountain by Moonlight
October 19	Adventure Daze
October 24	Fall Harvest Family Camp
October 24, 25	Mountain by Moonlight
October 26	Fall Festival
October 28	Home School Big Day Out
November 7	Day Camp & Adventure Day
November 7	Women's Wellness Weekend

Shop For Camp! Please think of South
Mountain YMCA Camps when you shop on Amazon by
going to http://smile.amazon.com
When asked to select the charity you want to support
select South Mountain YMCA.

The Arrowhead

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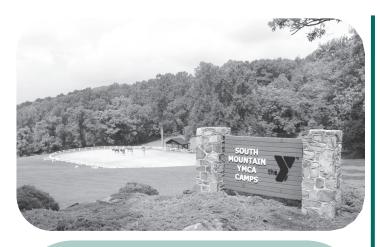
We love to hear what's going on with alumni, campers, staff and friends of camp. We want to share your graduations, weddings, and birth announcements. We continue to appreciate your support and input.

Send any information or story ideas to:

South Mountain YMCA P.O. Box 147

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Visit us on the web at www.smymca.org



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Check Out SMYMCA Adventure & Theme Parties

South Mountain YMCA Birthday Parties are held in Bynden Wood Lodge, the Wigwam, or one of our many outdoor pavilions. Available March 1st through December 1st, each Birthday Party is 2 hours of fun and adventure.

Birthday Parties include:

- A slice of pizza for each guest (additional pizzas can be purchased)
- Drinks for each guest
- Set-Up and Clean-Up
- Balloons
- All paper goods (plates, forks, cups, napkins)
- A South Mountain YMCA T-Shirt for the Birthday Guest













- * A cake is not provided. You may bring your own cake and/or snacks.
- ** Free Wagon Rides Available, weatherpermitting.
- *** Available for Ages 6+.

Themed Parties Include:

- Zorb Balls
- Target Sports
- Robin Hood Theme
- Climbing Wall & Zip Line
- Pony Party
- Pirate Theme
- Princess Theme
- Nature Lover

A \$100 non-refundable deposit is required at the time of booking. A Birthday Party Participation Waiver must be signed by all participants and returned to the South Mountain YMCA on or before the day of the party.

For additional information contact **Amanda Griffith**, Youth and Family Director, at **610-670-2267** or at **agriffith@smymca.org**.

3rd Annual Cushion Peak Trail Challenge

Join us for the toughest trail run in the region with over 400 feet of climbs on **Sunday**, **September 21st**. Registration begins at 8:00 am and the *Trail Challenge will begin promptly at 9:00 am* followed by the *1 mile Fun Run/Walk at 10:00am*.

The **5k** or **10k** are **\$23** if registered by September **10**, afterwards and on race day \$28. The **1** mile Fun Run for Kids and **1** mile Fun Walk (Dogs on Leash Welcome) are **\$5** if registered by September **10**, afterwards and on race day \$10.

T-shirts to all pre-registrants of 5k and 10k and "goodie" bag for all kids run finishers. Awards will be presented to the male and female winners and runner-ups in six age categories. Refreshments

will be provided for all participants, indoor toilet facilities & showers available, loads of parking, time clock at finish and instant results.

The Climbing Tower and Zip Line will be opened after the event for all participants.

For **additional information** visit the events page online at **smymca.org** or **register online** at **pretzelcitysports.com**.



Relax... Renew... Refresh Women's Wellness Weekend November 7th — November 9th

Are you looking for some down time from life's every day chaos or a break from the mundane? If so, then this is the getaway that you have been looking for.....

We've planned a wide variety of wellness related activities presented by professionals in their related field. Join us for chair massage, yoga, hiking, reiki, crafts, drumming, holistic wellness, nutrition, workshops, horseback riding and more.

The full weekend is \$125.00 per person (5 meals, 2 nights lodging, all workshops and a t-shirt). Saturday only is \$65.00 per person (3 meals, all Saturday workshops).

For additional information and to register please contact **Sue Williams**, Associate Executive Director, at **610-670-2267** or **swilliams@smymca.org**.



South Mountain YMCA Wish List

Do you have any of these items that are no longer of use to you? Call the camp office about tax-deductible donations to the YMCA!

- 1. Two Golf Carts
- 2. 3/4 ton, 4x4 pick-up truck for program and maintenance
- 3. Halloween costumes
- 4. 7 Passenger Mini-Van or 12 passenger mini-bus
- 5. Fishing Poles & Tackle Boxes
- 6. 3-Point Tractor Attachments
- 7. Pressure-Treated Lumber