

Program Descriptions

RECREATIONAL:

Air Riflery (1.5 hr) – Learn the importance of firearm safety and how to properly shoot air rifles. A certified instructor leads the group through the safety procedures of a standard shooting range and oversees target practice. Activity groups limited to 12 people. Must be at least 8 years old.

Archery (1.5 hr) - Archery provides an opportunity for participants to challenge themselves both mentally and physically. Participants learn the importance that archery served in times gone by and its use today. At the archery range, our focus is on safety and personal growth. Students will find that success with a recurve bow is measured by improvement, not by bulls-eyes. NADA certified instructors ensure a safe and controlled environment.

Court Sports (45 min OR 1.5 hr) – Let our fun-loving staff teach you the basics and lead your group in some friendly competition at our tennis/basketball courts. Tennis, basketball, and volleyball are all possible court-sport options. Equipment can be made available for self-facilitation as well.

Field Sports (45 min OR 1.5 hr) – Burn off some energy and break a sweat on one of our two athletic fields. Soccer, softball, kickball, and Ultimate Frisbee are just some of the sports that our enthusiastic staff can organize. Equipment can be made available for self-facilitation as well.

Fishing (Martin Property - 1.5 hr) – Learn to bait a hook or attach a lure, try simple casting techniques and, hopefully, experience the thrill of the catch at our beautiful pond which is located down the road from the main camp. 'Catch and release' fishing teaches patience as well as a life skill. Youth under the age of 16 do not need a fishing license.

Mountainboarding (45 min) – Mountainboarding is a well established all-terrain extreme sport. Using a cross between a snowboard and a mountain bike, participants navigate camp's grassy hills. Our staff members demonstrate proper use of safety equipment (including elbow-, wrist-, knee-pads and helmets). We start off slow on a gentle slope that everyone can try then move to a more challenging incline for the adventurers in the group. Must be at least 10 years old.

Arts & Crafts (45 min OR 1.5 hrs) - We will provide the materials and instruction for a variety of simple do-it-yourself craft projects that range from beading to candle-making.

1

* indicates this is a "Trail" class which will be conducted while hiking and may require moderate physical exertion

(Martin Property) indicates this class will be conducted at our pond site and may require group to assist with transportation or combine with a "Trail" class

RECREATIONAL (cont'd):

Hayride (45 min) – Relax in our classic haywagon on a relaxed ride through the camp villages and our woodland trails. This is a real hayride, with real hay. Can be combined with 'Hike to the Peak' for a 1.5 hour program.

Hike to the Peak* (1.5 hr) – Let us take you on a vigorous hike through our heavily wooded property on well maintained trails to the summit where a stunning overlook of the valley below awaits. Can be combine with 'Hayride' for a shorter, less strenuous walk.

Nature Fine Arts (1.5 hr) – Unlock your creativity with watercolors, charcoal, pastels & pencils. Inspired by the colors and shapes of nature, learn classic techniques using common drawing exercises.

Compass Basics (1.5 hr) – What happens if the GPS runs out of battery power? Will you be able to find your way in the woods using a simple compass? In this program participants learn the basic parts of a compass and how to use it. Their new knowledge will be put to the test using various games and having them navigate through a simple course.

Map Quest (45 min OR 1.5 hr) – Solve the clues to figure out where your group is headed next! Participants will learn how to orient themselves using a map and enjoy roaming camp on this fast-paced scavenger hunt. Adaptations for the shorter class or younger ages encourage friendly competition as groups of participants use maps to complete a word puzzle.

Orienteering* (1.5 hr) – Apply math concepts and teamwork in a real-life situation. Participants will learn basic orienteering skills (topographical maps, compass use, and pacing) and put their skills to the test to locate various waypoints deep in the woods.

Outdoor Living Skills (45 min OR 1.5 hr) – How can you be sure you have the right gear, proper clothing or enough food for your camping trip? Know how to prepare for an outdoor experience before venturing out. This will be a chance to learn the basics of camping craft and will include hands-on instruction in topics such as fire-building, gear-packing, stocking first aid supplies, tent-pitching, Leave-No-Trace and more.

Outdoor Cooking (1.5 hr) – Cooking al-fresco...no electricity, no running water, no problem! Participants experience cooking tasty treats using a variety of techniques from sticks over an open fire to a classic cast iron Dutch Oven to a cardboard box oven. Best for ages 10 and up.

2

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