

Program Descriptions

CULTURAL/HISTORICAL:

Archeological Dig (1.5 hr) – The Cushion Peak area has a rich history of farming, elite resorts and summer homes. Evidence of this past can be found and interpreted using the science of archaeology. Participants are given the basic understanding of the study of archeology and are able to practice their newfound knowledge in our dig area. Many interesting artifacts are sure to capture the imaginations of the young and old as they learn of this valuable cultural science.

Living History (1.5 hr) – Step back in time to experience a different way of life. Participants experience pioneer living by participating in hands-on activities such as apple-pressing, Dutch-oven cooking, pioneer games, or candle-making. Activities vary depending on season and material availability.

Literary Escapades (1.5 hr) – Inspired by the smells, sounds, textures and tapestry of nature...participants learn to express themselves articulately through nature journaling. Sensory awareness and observation activities help participants hone their writing skills and style. Surrounded by wilderness, even the most reluctant writer finds that words come easily.

Native American Studies (45 min OR 1.5 hr) – Participants increase their awareness and appreciation of Native American culture including the 'caretaker approach' for the natural world their culture instilled. Topics covered may include: stories, crafts, trades, games, and traditions of the Lenape people.

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* indicates this is a "Trail" class which will be conducted while hiking and may require moderate physical exertion

(Martin Property) indicates this class will be conducted at our pond site and may require group to assist with transportation or combine with a "Trail" class