



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA CAMP CONRAD WEISER CHANGING LIVES ONE CAMPER AT A TIME

**Overnight Camp for
Boys and Girls
Ages 7-17**



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South Mountain YMCA Camps strives to serve all people regardless of their ability to pay. We believe that all children should have the opportunity to experience camp. For information about our financial assistance program, please contact our office or visit our website.



Discover the Magic On the Mountain – Our Mountain – The South Mountain.

YMCA Camp Conrad Weiser offers overnight camp programs for young people 7-17 who are ready to discover themselves, develop their potential, and assert their independence as part of a nurturing and accepting community. While our camp activities focus on developing new friendships, self-discovery through adventure, and fostering a sense of service to others, we pride ourselves on creating an experience as unique as each of our campers. The positive memories made on the mountain this summer will truly last a lifetime.

WELCOME

At YMCA Camp Conrad Weiser we believe that today's campers are tomorrow's leaders. Our progressive, camper-centered programs are designed to challenge every child in a safe, fun-filled environment while creating friendships and memories that will last a lifetime. Our staff, programs and facilities unite to support our campers as they make friends, learn new skills, build self-confidence, and gain a sense of independence in our nurturing camp community.

We welcome the chance to meet your family and introduce them to our own. Until that time, we hope you get a sense of the Camp Conrad Weiser Experience in the coming pages. We'll see you at Camp!



PLEASE JOIN US

Family Fun Days
Sundays from 2:00-4:00pm
April 15th
May 6th
May 20th

Open House
Tours can be scheduled throughout
the year at your convenience.

For more information:
610-670-2267
www.smyymca.org

Rise and Shine!

Cabin Life

While we believe in the power of climbing, arts, or riding programs, there is nothing more valuable to the long-term development of our campers than the experience of sharing living quarters with a group of peers from different towns, states and countries. For us, cabin life is the cornerstone of a summer camp experience. Each cabin group of 8-10 campers is facilitated by at least 2 adult summer camp counselors trained to help the young people in their care grow as a team while developing their communication, trust, and problem-solving skills. Each cabin is a part of a Village that shares a beautiful modern bathhouse and a program lodge.

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Meals

Healthy, family-style meals are served in our central Dining Hall. The food service staff, led by Chef Pat Damato, create kid-friendly, nutritional menus reviewed by professional dietitians. A salad bar is available at lunch and dinner, and we strive to meet all special dietary needs. Counselors supervise each table, encouraging proper manners and facilitating discussions on the day's events. Each meal ends with announcements and songs guaranteed to send everyone out on the right track.



**Meals are a Program at
Camp Conrad Weiser!**



Camp Programs

Adventure & Teambuilding:
Low Ropes, High Ropes (13 & Up), Climbing Tower

Aquatics:
Canoeing/Kayaking (10 and up), Sailing (13 and up), and
Recreational & Instructional Swimming

Athletics:
Basketball, Mountain Boarding, Mountain Biking (10 &
Up), Soccer, Tennis, Ultimate Frisbee, Volleyball

Creative Arts:
Camp Crafts, Dance, Drama, Guitar, Music, Newspaper,
Photography, AM Radio Station, Woodworking

Horseback Riding:
English Riding Lessons, Pony Rides, Specialty Riding
Camps, Trail Rides

Nature:
Environmental Education, Fishing, Hiking, Outdoor
Living Skills

Target Sports:
Archery, BBs, Riflery (13 & Up), Trap (13 & Up)

Meals

Too Much to do in Just One Summer!

Quality Programs Require Quality Staff

At Camp Conrad Weiser, we expect excellence. We expect excellence from our facilities, our programs, and our staff. Our Summer Camps Director, Sue Williams, carefully selects and trains our counselors to serve as positive role models and leaders in our camp community. While we are dedicated to developing our local leadership talent, we also recognize the value of diversity that can only be achieved in a truly international program. Each year, 20%-30% of our staff arrive on our mountain from other countries. All staff members are individually selected after an extensive application, interview, and national background check process. We think our summer staff members are amazing, and we know your children will agree.

Aiming for Excellence

There are a wide variety of target sport programs for our campers to choose from. While all campers can experience Archery and BBs, we do require children to be 12 years of age to participate in Riflery and Trap. We believe activities like target sports give our young people an opportunity to learn a new skill, practice listening, develop self-restraint, as well as recognize and manage risks in a safe, controlled environment.

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Nowhere to Go but Up!

Whether a young person is climbing our tower or riding down the zap line on our high ropes course, adventure is everywhere. Every experience on our low ropes course, high ropes course, and climbing tower is designed to teach participants about themselves while developing critical life skills like communication, trust, and problem-solving.



To Know a Horse is to be Changed Forever

We hope every camper rides a horse this summer. There is so much to learn from these gentle giants. In fact, as part of our program every Explorer Camp participant (7-9 year-old) will have a pony ride. All campers in our traditional programs (Explorers, Voyageurs, and OWLs) have the opportunity to schedule five, one-hour English riding lessons throughout the week, as well.

*Please Note: Riding Lessons do carry an additional fee of \$125.

ONE WEEK RIDING CAMPS (\$800)

If your camper is passionate about horses, let him or her "own" a horse while at camp this summer. Participants in our Riding Camps spend the entire day at the barn: feeding, grooming, and English riding lessons (mounted and un-mounted) are all part of the experience. Our Equestrian Staff are all Certified Horsemanship Association (CHA) Instructors. Each Riding Camp will feature a horse show on Saturday morning at 10 a.m. at the conclusion of the session.





SUMMER = SWIMMING

Yes, summer camp at Camp Conrad Weiser is about making new friends, self-discovery, and adventure – but it is also about swimming! Our campers will have the opportunity to swim every single day!

Health & Safety

The well-being of your camper is our first priority. Quality medical care is provided on-site by one of our full-time, registered nurses. Our medical staff work under the supervision of our consulting pediatrician and have easy access to the local children's clinic and two local hospitals. All of our staff are trained in emergency procedures and are certified in American Red Cross First Aid and CPR.

Set a Course of Adventure

At Camp Conrad Weiser, we believe every child should have the experience of working as part of a team to paddle a canoe or sail a boat. Campers involved in Canoeing, Kayaking, and Sailing programs are transported to nearby Blue Marsh Lake.

Every camper in the Voyager age group (10–13) will have an opportunity to go canoeing with their cabin group (weather dependent.) All campers 10 and up can schedule 5, 3-hour canoeing and kayaking lessons. Campers who are 12 and up may also schedule 5, 3-hour sailing lessons. (Please note: Sailing Lessons and Canoe/Kayak lessons do carry an additional fee of \$75.)





We Discover Ourselves in the Things We Build and the Music We Make

Music, crafts, and performing arts allow our campers to express themselves in a safe and accepting environment. Camp Conrad Weiser is a laboratory in which young people can experiment with a number of different artistic media: Writing, Painting, Photography, Crafts, Music, Dance, and Drama.



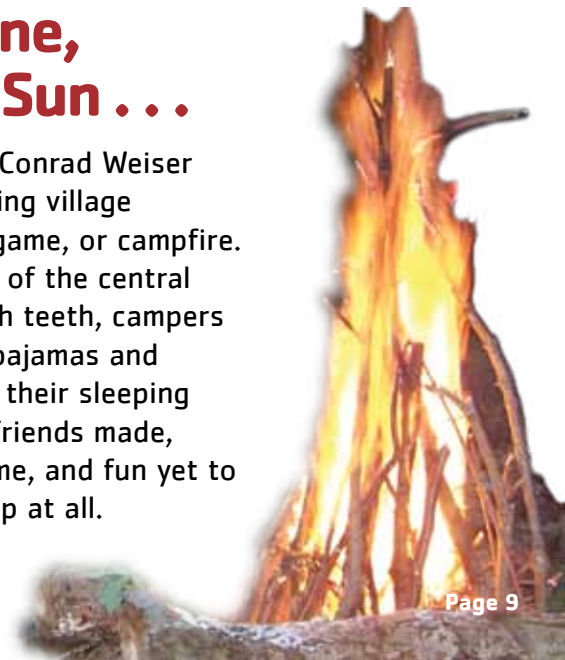
Evening Programs

Camp programs don't end with dinner! At Camp Conrad Weiser the night life is a large part of the camp experience. Campers of all ages participate in campfires, all camp games, camp outs, and much more. Some activities might include:

- Capture the Flag
- Campfires
- Talent Shows
- Predator and Prey
- Smugglers
- Scavenger Hunts
- Night Hikes
- Dances
- "Drive In" Movies
- Pool Parties

Day is Done, Gone the Sun . . .

Each day at Camp Conrad Weiser ends with an exciting village activity, all-camp game, or campfire. After a trip to one of the central bathhouse to brush teeth, campers change into their pajamas and snuggle down into their sleeping bags to dream of friends made, challenges overcome, and fun yet to come... if they sleep at all.



Give Your Teen the World This Year!

Camp Conrad Weiser is a great place to be a teen! Whether a young person is in teen camp (OWLs), one of our 3 leadership development programs, or visiting Spain or Germany on one of our international trips, we guarantee an experience that will foster independence, problem-solving, communication, and international understanding.



International Camper Exchange Program (ICEP) \$3400

YMCA Camp Conrad Weiser participates in several international programs each year. Initiated in 1962, ICEP is designed to give the “once-in –a-lifetime” opportunity for youth at least 12 years of age to travel abroad. Our campers have traveled to Germany, Spain and England in past summers.

In 2012, our ICEP campers are going to Germany! Our partners in Hannover, Germany will be hosting our campers for a four-week experience. Campers will spend one week with a host family, two weeks at Camp Abbensen an International Summer Camp and one week

traveling throughout Berlin, Dresden and Munich. An application is required. Call Sue Williams, Summer Camps Director, for more information or visit our website at www.smyymca.org.

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Leaders-In-Training (LIT) \$1000

The first step in our CCW Leadership Development Curriculum, the LIT program is for campers who 15-16 years of age who are committed to developing their leadership skills. Participants work closely with peers to develop communication, trust and problem-solving skills. This 2 week, intensive program is designed to develop community leadership skills that participants can take back to their student council, sports team, or service club. Traditional camp activities, a full day on the High Ropes course and exciting day trips are part of the schedule.

Counselors-In-Training (CIT) \$1575

The second step in our CCW Leadership Development Curriculum, the CIT program is for young people 16 - 17 years of age who are passionate about becoming camp counselors. This 3 week experience is a skills-progressive leadership program in which campers develop the skills to be positive role models and leaders in our camp community. An application is required.

Junior Counselors (JC)

The final step in our Leadership Development Curriculum is the JC program. JCs are volunteer staff members 17 or 18 years of age who are not yet able to apply to be counselors on our team. JCs must be available to attend staff training and volunteer at least 2 weeks during the summer. Teens in this program will not be asked to supervise children on their own, but will be expected to act as counselors in every other way. Invitation Only.



The Conrad Weiser Program

7-9 Year-Old Campers:

The Explorer Camp Program (\$475 per week – 1 week sessions available)

The program we have designed for our Explorers is intended to have our youngest campers “try everything on their plates.” The summer camp staff for the Explorer program are specially trained to provide support, leadership, guidance and non-stop fun! In cabin groups, our counseling staff introduce the Explorers to swimming, archery, climbing tower, arts and crafts, nature, and much more. All campers in this program will be scheduled for a pony ride. The Explorer program is designed as a 1 week camp. Campers may sign up for more than one session.

10-13 Year-Old Campers:

The Voyageur Camp Program (\$595 per week – 1 & 2 week sessions available)

With the guidance of their counselors, Voyageur campers independently choose their own activity schedule. Care is taken to provide instruction adapted to each child’s age, interest and skill level. Campers spend time with their cabin group each day building friendships, working and playing with their peers and developing self-confidence. Campers in this program go canoeing with their cabin group as part of their schedule. The Voyageur program is designed as a 2 week session, although we will accept 1 week campers to fit your family’s schedule and comfort level.

13-15 Year-Old Campers:

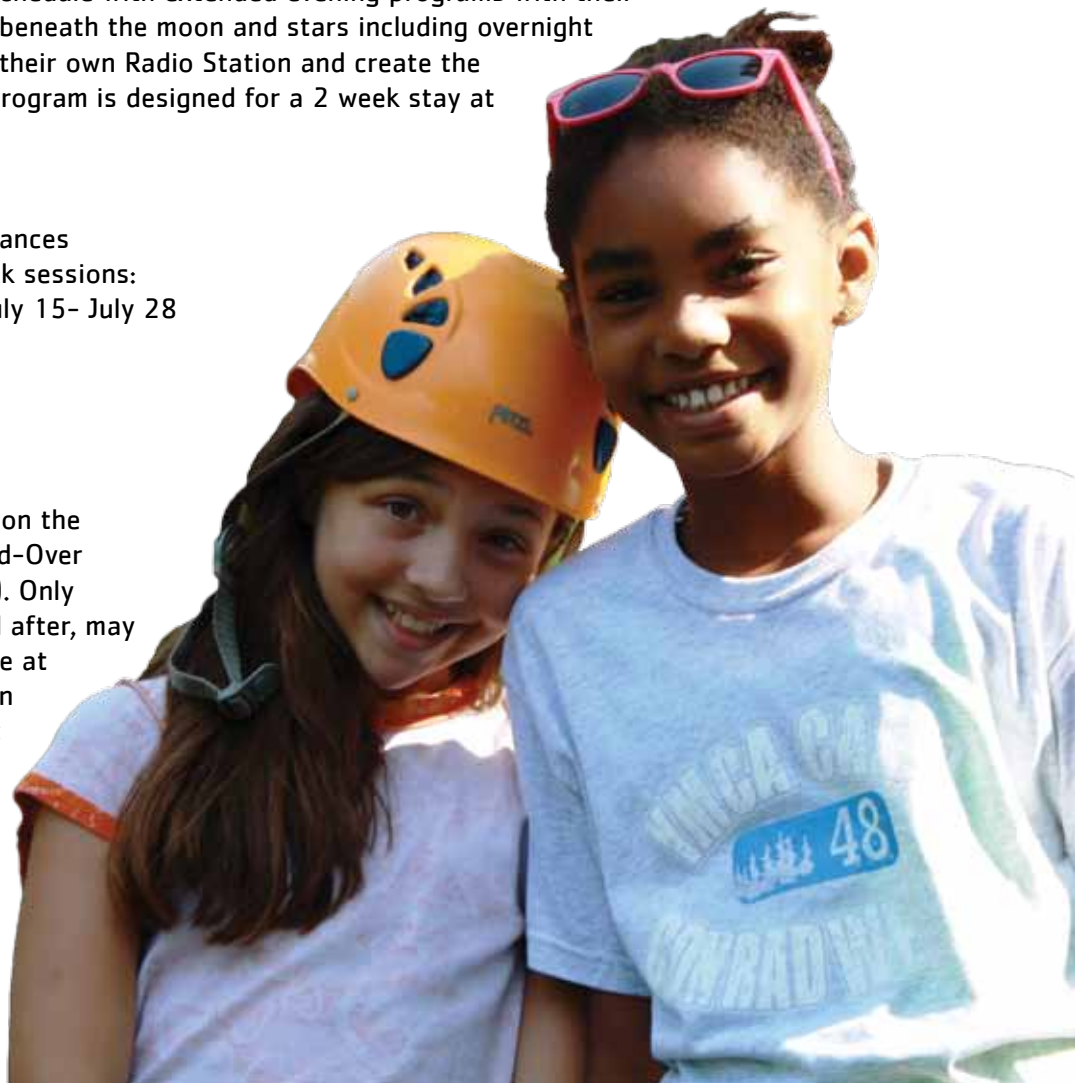
The OWL Program (\$685 per week – 1 & 2 week sessions available)

Our teen campers are the Older “Weiser” Leaders (OWL’s) of our camp community. Campers in the OWL program choose their activity schedule based on their interests and the interests of their friends. This crew has a special “Night Owl” schedule with extended evening programs with their friends, special events and activities beneath the moon and stars including overnight campouts at the Peak. They will run their own Radio Station and create the weekly Camp Newspaper. The OWL Program is designed for a 2 week stay at camp.

Special Note on 2 Week Sessions:

Our Carnivals, Special Dinners, and Dances are scheduled as part of the two week sessions: (June 17- June 30, July 1- July 14, July 15- July 28 and July 29-August 11). Don’t miss out on these amazing Saturday events at camp!

Our trips to Hershey Park take place on the Saturdays between sessions: our Hold-Over Weekends (June 30, July 14, July 28). Only campers staying the week before and after, may go to Hershey Park. Campers must be at least 10 years of age to participate in the group trip to Hershey Park. Don’t miss these awesome programs.





The mission of the South Mountain YMCA Camps is to provide a camping experience, educational and other programs that build personal leadership, character, and life skills while developing caring, honesty, respect, and responsibility in young people, families and communities.



**YMCA Camp Conrad Weiser
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www.smyca.org

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